# eSafety classroom resources







## **Penguins**

Aimed at: Years 3 and 4

The video prompts students to consider how they can protect each other when someone is targeted online. The focus is cyberbullying and the role of the bystander.

>> Watch video (2.52 min)

#### Sticks and stones

Aimed at: Years 4, 5 and 6

The video focuses on cyberbullying and is a reminder that poor behaviour and poor choices stops with one person – and that person is you!

>> Watch video (1.30 min)

## **Cybersmart Detective**

Aimed at: Years 3 and 4

This teaching resource explores the consequences of someone revealing too much information online. It invites students to follow up clues and use their powers of deduction to make predictions, draw conclusions and answer questions throughout.

>> Watch video (9.54 min)

## **Cybersmart Hero**

Aimed at: Years 3 and 4

The teaching resource addresses the issue of cyberbullying and the power of the bystander.

>> Watch video (5.48 min)

## **Cybersmart Forever**

Aimed at: Years 3 and 4

The teaching resource highlights safe sharing of content and images online, managing privacy and cyberbullying. >> Watch video (5min)

## Making good choices online – legal

Aimed at: Years 7-10

The video highlights some of the legal risks and consequences when negative offline behaviours are transferred to the online world.

>> Watch video (3.15 min)

#### #GameOn

Aimed at: Years 5,6 and 7

A teaching resource consisting of 5 episodes at 5 minutes each that follow the online experiences of a group of lower secondary students. Topics include cyberbullying, excessive gaming, sharing passwords and online friends.

>> Watch video (22.58 min)

## **Rewrite Your Story (RYS)**

An 8 part short video series aimed at: adolescents, parents and educators. There are also 2 self-assessment tools:

- Young people allows the users to gauge and test whether their experience can be reported under the Office's cyberbullying reporting scheme and
- 2. <u>Parents</u> the support tool provides for guidance on how the Office can help.

## **Kara's Story (RYS)**

Aimed at Years 7-10

The popular 'it' crowd can sometimes be tough to be excluded from and sometimes even tough to be included in. Kara shows it's ok to walk away and shape your own social space.

>> Watch video (1.40 min)

## **Alexia's Story (RYS)**

Aimed at Years 7-10

The challenges of hosting a party when a parent places restrictions on how many people can attend. This can sometimes lead to people feeling left out and even angry.

>> Watch video (1.24 min)

## **Cal's Story (RYS)**

Aimed at: Years 7-10

A sibling's perspective of an online incident and what it is like when someone close to you is cyberbullied.

>> Watch video (1.57 min)

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## Sienna's Story (RYS)

Aimed at Years 7-10

You are in control of your choices on and offline. Sometimes it can be tough to navigate your social groups and take a stand, but it's never wrong to do the right thing.

>> Watch video (1.24 min)

## **Zach's Story (RYS)**

Aimed at Years 7-10

It can be tough to feel like the person who doesn't fit the norm. Everyone has the right to stand up for themselves, but sometimes you may need someone to stand up with you too.

>> Watch video (2.07 min)

## **Jarrod's Story (RYS)**

Aimed at Years 7-10

The dilemma of how you stand up to a friend and say 'that's not ok". Jarrod knew that the pictures Caleb was sending were not of Mia. He also knew how badly they were impacting her. It can be easy to not speak up and let the situation play out, but does that make you part of the problem? >> Watch video (1.44 min)

## **Marko's Story (RYS)**

Aimed at Years 7-10

Making new friends and being the 'new kid' can be tough. The video examines cyberbullying and how it impacts your state of mind and can get you down. >> Watch video (1.50 min)

## **Connor's Story (RYS)**

Aimed at: Years 7-10

Connor thought a photo he had taken of another student was funny and sent it to a friend. This photo was then shared virally and memes were created. A reminder that some jokes are not funny and can cause real damage.

>> Watch video (1.31 min)

#### The Interview

Aimed at: Years 10-12

Stop and think twice before posting some images online. It highlights consequences of employers seeing these images. >> Watch video (1.30 min)

## Lodging a cyberbullying complaint

Aimed at: Years 7-12. Also for parents.

Steps to take when you lodge an online complaint to the Office about cyberbullying content. >> Watch video (2.51 min)

## Image based abuse - Sam's Story

Aimed at: Years 11 and 12 only

What can happen when images are shared online without consent.

>> Watch video (3.44 min)

# That's not team spirit (Be Deadly Online)

Aimed at: 14+ years

When Bud, the local football hero comes to town he encourages Sharlise to send him a sexy photo of herself. >> Watch video (2.21 min)

## **Little things (Be Deadly Online)**

Aimed at: 14+ years

One comment on a social networking site can be misinterpreted and a little thing turns into a big deal. >> Watch video (2.18 min)

## **Dumb stuff (Be Deadly Online)**

Aimed at: 14+ years

Our digital footprint is created by what we post and share. It highlights the need to manage privacy settings. >> Watch video (2.33 min)

## ClassAct 50 task challenge

Aimed at: Years 5-8

<u>ClassAct 50</u> is a classroom poster that can assist with digital citizenship skills. It provides a mix of quick, daily tasks designed to help children take control of their online safety.

# eSafety - resource links







#### **How-to videos**

#### **Android**

Blocking number display Clearing browser history Incognito mode

Strong passcodes - phones and tablets

Taking a screenshot
Turning off Bluetooth

<u>Turning off location services-phones</u>

and tablets

Turning off Wi-Fi

#### **Apple**

<u>Blocking number display – iPhones</u>

Clearing browser history

Frequent locations - iPhones

Passwords on Macs

Private browsing

Protect your account

Strong passcodes - iPhones and iPads

Taking a screenshot - Apple devices

Taking a screenshot - Mac

<u>Turning off Bluetooth – iPhone or iPad</u>

Turning off Find my iPhone

<u>Turning off Bluetooth - Mac</u>

<u>Turning off location services - iPads</u>

and iPhones

Turning off Wi-Fi - Apple devices

Turning off Wi-Fi - Mac

#### **Windows**

Passwords on PCs

Taking a screenshot - PC

Turning off Bluetooth - windows

Turning off Wi-Fi - windows

#### **Chrome**

Clearing browser history
Incognito mode

#### **Safari**

Clearing browser history

Private browsing

#### Social media

Google - two-factor authentication

Facebook - control who can see your posts

Facebook - keeping your location private

Facebook - reporting abuse

Facebook - tagging and sharing

Instagram - locations

Instagram - privacy settings

Instagram - reporting abuse

Mail forwarding - Gmail

Mail forwarding - Outlook.com

Mail forwarding - Yahoo

Skype - privacy settings

Twitter - two-factor authentication

<u>Twitter - privacy settings</u>

Twitter - reporting abuse

YouTube - reporting abuse

#### **Others**

Browse safely online

Effective passwords

Using fitness trackers safely

Two-factor authentication